



## FC Dallas Soccer Camp Health & Safety Guidelines

FC Dallas has created our health & safety guidelines to implement at all FC Dallas Soccer Camps taking place at Toyota Soccer Center. All participants will be required to abide by the guidelines to prioritize and maintain the health & safety of all participants, families, and staff.

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#### 1. ARRIVAL AT CAMP

Ensuring the health and safety of our players, coaches and staff is our highest priority. Please familiarize yourself with these guidelines.

##### **1.1 BEFORE YOU LEAVE YOUR HOUSE**

- Review and complete the Standardized Screening Questionnaire (SSQ) document with participant.
- If the participant has a temperature over 100.4 degrees, persistent cough, or other indications of illness, please do not leave your home.
- Please wash your hands thoroughly.
- All players must have their own individual jug/drinks clearly named. Bring enough for the duration of camp.
- Please sanitize your own equipment. This includes the soccer ball you will receive on the first day of camp. Please have your child bring their ball, water, sunscreen and hand sanitizer and some disinfectant wipes so they can sanitize their ball after camp.
- Please apply caution and vigilance when carpooling with participants from other households.

##### **1.2 ARRIVAL AND CHECK-IN AT CAMP**

- Check-in procedures will be conducted every day of the program.
- Camp staff will be wearing masks upon arrival/dismissal and at certain times during camp.
- Where possible consider only one parent or guardian per family be present check-in.
- The name and contact information for every parent/guardian at check-in will be recorded.
- Maintain a six-foot distance from the family in front of and behind you while waiting to check-in.
- Masks are not mandatory for participants but are highly recommended while checking in.
- After check-in, players will be escorted to a coned off personal area to wait for camp to begin.
- Parents will be asked to return to their vehicle until the end of camp.

Additional questions that participants will be asked daily at check-in:

1. **Do you feel sick?** If yes, what symptoms do you have: Fever, headache, general aches/pains, fatigue, weakness, extreme exhaustion, stuffy nose, sneezing, sore throat, dry cough, shortness of breath, diarrhea, dizziness, nausea, upset stomach, vomiting, difficulty breathing, runny nose.
2. **Have you had a fever over 100.4 degrees in the last 48 hours?**
3. **Have you or a member of your household traveled within the last 14 days?**
4. **Have you come into contact with anyone who has tested positive for or is experiencing symptoms COVID-19?**

Answering YES to any of the questions above may prevent players from participating, at the discretion of FC Dallas.

**2. DURING CAMP**

The following expectations are required of players, coaches, and staff at all times:

- Social distancing will be enforced at breaks; coaches must maintain a distance of at least 10 feet apart throughout each session.
- Each individual will have a designated spot for their belongings; each of which will be at least six feet away from other participants.
- FC Dallas equipment will be sanitized before and after each session.
- Masks are not mandatory for participants but are highly recommended during breaks.
- Coaching staff will wear masks when needed during practices (when closer than 10 feet).
- Hand sanitation breaks will be required during every water break.
- No handshakes, fist bumps, or group celebrations.
- Parents, guardians, family members and visitors are restricted from entering FC Dallas Toyota Soccer Center at any time. Families are permitted to observe from outside the complex fence area, as designated by FC Dallas, provided they maintain social distancing from other observers and consider wearing masks. Parents are strongly encouraged to remain in their vehicles the duration of each session.
- Where possible only coaches should touch goals, cones, and other equipment throughout each session. Pinnies may be used, however not shared between players during the session. All pinnies will be washed and sanitized at the end of each day.
- In the event of an injury, the immediate health and safety of the injured player will remain a top priority. Care will be taken when addressing small injuries (i.e. handing out band-aids, ICE packs, etc.). Parents will be notified immediately if their assistance is needed with injury care.
- Failure to adhere by these rules may result in dismissal from the program.

### **3. END OF CAMP PICK UP GUIDELINES**

Once the session has finished, players will be directed by the coaches of how/when to depart the field.

- Parents are encouraged to remain visible in or near their car and coaches will bring players to the parking lot. We recommend parents stand outside of their vehicles, while maintaining social distancing from others to assist with pick up procedures. A camp supervisor will assist throughout the process.
- Upon exiting the field, coaches will help players identify their parents and players should go directly to their car. Please consider sanitizing hands immediately.
- Please do not congregate at the facility.

